

SUMMER 2006



All aboard for fun & fitness!

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for EARLY Mail-in
Registration Info

WHAT'S INSIDE:

7 We've Got Spirit

Two bits, four bits, six bits a dollar
– all for "Sheena's Cheer Camp"
stand up and holler!

14 Up For A Run?

Run and jump your way toward
the Frisco Track Club.

15 New Program Highlight

"Boot Camp Fitness" offers a
great way to get fit and have fun!

20 Summer Sounds

Enjoy "Frisco Grooves" – our
new concert series in the park.

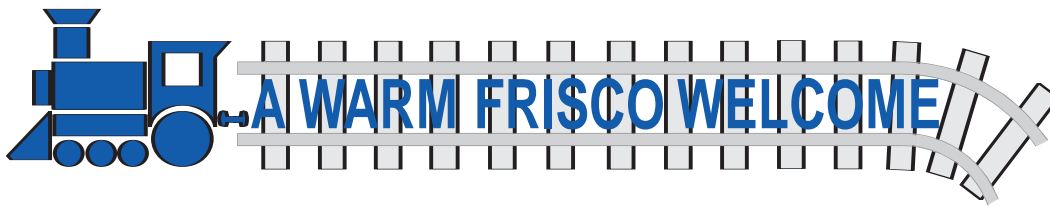


WALK-IN
REGISTRATION STARTS

April 29, 8am – 3pm

FriscoFun.org





Celebrate – July is Recreation and Parks month!

Annually, the National Recreation and Parks Association designates July to kick off summer programming and to encourage community participation in outdoor physical activities. We invite your family to “Step Up To Health” to experience Frisco’s programs and to enjoy the beautiful parks, trails and facilities that are available.

Your recreation staff is working diligently planning for exciting programs for the city’s new Recreation & Aquatic Center which is scheduled to open early next year. This state-of-the-art facility will be your one stop shop for fitness, fun and family entertainment including birthday parties, camps, supervised lock-in’s, teen programs and more. We would like to hear from you regarding the programs that would provide recreational benefits for you and your family. In addition, we are looking for qualified instructors to teach a wide array of classes for all ages. If you have a knack for teaching a fun program, please contact our staff.

Enjoy your summer – the benefits of Parks and Recreation are endless!

Marcy Jones
Recreation Superintendent
Parks and Recreation Department



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ON THE COVER



Young swimmers play and learn through Aquatics Programs.

HELPFUL INFORMATION

City of Frisco Information:

- Alumni Hall Fitness Center
City Classes & Registration Information
9700 Wade Blvd.
972-377-1752
- P & R Administrative Offices
Rentals & Reservations
6726 Walnut Street
972-335-5517
- Senior Center at Frisco Square:
6670 Moore Street
972-335-5515
- Athletics Rain Out Hotline:
972-377-RAIN
- Frisco City Hall:
6891 Main Street
972-335-5555
- Frisco Youth Center Bldg.
7775 Camillia Lane
- Frisco Community Center
6891 Oak Street
- Superdome in Frisco
9700 Wade Blvd.

Partners In Recreation:

- Building Images Studios
2301 Ohio Dr. #105
Plano, Texas
972-964-7733
- Canyons of Frisco
7164 Technology Dr. #202
214-387-0906
- Frisco Dance Force
3221 Preston Road, #3
972-712-6829
- Frisco Gymnastics Center
7210 Meadow Hill Drive
972-377-3137
- Ice at Stonebriar Centre
2601 Preston Road, Suite 1235
972-731-9600
- Lakes Tennis Academy
4000 Legacy Drive
972-668-LAKE
- Music Conservatory of Texas
9255 Preston Road
972-377-5977
- Plantation Golf Course
4701 Plantation Lane
972-335-4653
- Sheena’s Dance Academy
7975 Stonebrook Parkway
972-712-1100

Visit us on the internet
at: **FriscoFun.org**

CITY ADMINISTRATIVE STAFF

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Nan Parker

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Marcy Jones, Recreation
Dudley Raymond, CIP & Planning
Steve Walsh, Facilities & Operations
Park Supervisors
Eddie Camacho
Bill Straw
Senior Center Supervisor
Judy Florence
Recreation Center Coordinators
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Joel Schuh, Alumni Hall
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Patton Gleason, Leisure Programs
Scot McCollum, Athletics
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Senior Center Van Driver
Oscar Joseph
Recreation Aides
Linda Drake, Senior Center
Charles Gorman, Alumni Hall
Jamie Hartwell, Alumni Hall
April Morey, Senior Center
Terry Richter, Senior Center
Travis Woods, Alumni Hall

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Rebecca King, Secretary
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ALUMNI HALL FITNESS CENTER

The Alumni Hall Fitness Center is located on the campus of Collin County Community College District and is a joint partnership between the City of Frisco and CCCCD. The facility includes a natatorium, gymnasium, fitness & weight training room, dance studio, outdoor running track and locker room facilities.

NOTICE OF NATATORIUM CLOSING

CCCCD will be closing the Natatorium during the upcoming summer months to conduct various facility maintenance items. It is anticipated that the Natatorium will be closed from June – August. However, please call 972-337-1758 for the actual closing dates.

ADDRESS & CONTACT INFORMATION

Address: 9700 Wade Blvd., Frisco, TX 75035
Phone: 972-377-1752

MEMBERSHIP RATES

Memberships may be purchased on a month-to-month basis or tri-annually (four months) at the fitness center reception desk. There will be a \$2 I.D. fee for first-time members age 12 and up.

Frisco Residents		
	Monthly	Tri-Annual
Individual	\$10	\$30
Family	\$20	\$75
Child (under 12)	\$5	\$15
Day Use Fee	\$2	
Non-Residents		
	Monthly	Tri-Annual
Individual	\$15	\$50
Family	\$25	\$90
Child (under 12)	\$10	\$25
Day Use Fee	\$3	

HOURS OF OPERATION

Please call the Alumni Hall Fitness Center at 972-377-1758 for updated hours of operation.

ALUMNI HALL CLOSINGS

April 14 - 15
May 29
July 4

SENIOR CENTER AT FRISCO SQUARE

The Senior Center at Frisco Square is a state-of-the-art facility dedicated to the needs of the city's growing senior population. The first phase, approximately 10,000 square feet, opened in January 2004.

The Senior Center is located in the heart of the Frisco Square Development on the southeast corner of the Dallas North Tollway and Main Street.

Directions from the Dallas North Tollway:

Cotton Gin Road is approximately one-half mile south of Main Street. Turn east on Cotton Gin Road, turn north on Library Street, turn east and the Senior Center is located on the corner of Moore and Ash Streets.

Directions from Downtown Frisco:

Travel west on Main Street and turn south on John Elliot Drive (located just west of the railroad tracks). Turn east on Elm Street. Turn south on Railroad Way.

ADDRESS & CONTACT INFORMATION

Address: 6670 Moore St., Frisco, Texas 75034
Phone: 972-335-5515

HOURS OF OPERATION

Monday – Friday:	8:00am – 5:00pm
Thursday:	8:00am – 9:00pm
Saturday:	9:00am – 1:00 pm & 4:30 – 8:30pm
Sunday:	Closed

GENERAL INFORMATION

The Senior Center at Frisco Square is open to anyone 50+ and their spouse – regardless of age. A non-resident annual participation fee of \$24 is charged for those living outside of the city of Frisco and the Frisco Independent School District boundaries. The Senior Center at Frisco Square is fully handicap-accessible. For information on classes, trips, and special events pick up a monthly newsletter at the Senior Center, Library, City Hall, Alumni Hall Fitness Center and the Chamber of Commerce.

EMPLOYMENT & VOLUNTEER OPPORTUNITIES

- **Class Instructors:** please call 972-335-5517
- **Lifeguards, Swim & Water Aerobic Instructors:** please visit the city's website at www.friscotexas.gov for current employment/contract opportunities or call 972-335-5517.
- **Volunteer Opportunities:** please call 972-335-5555 ext. 112.

MUNICIPAL OUTDOOR POOL

The City of Frisco Municipal Outdoor Pool is located at the corner of Maple and Mimosa streets in downtown Frisco. The outdoor pool season is May 27 – August 13. The phone number is 972-377-9202.

Public Pool Hours of Operation

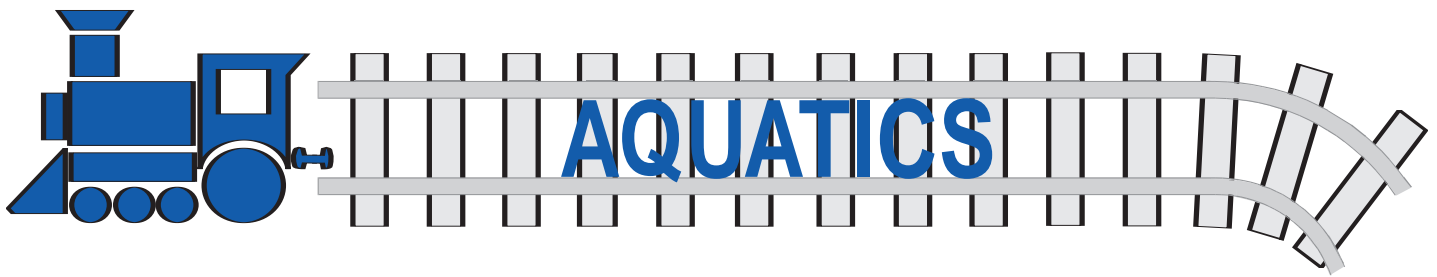
Monday:	Closed
Tuesday – Thursday:	1:00 – 8:00pm
Friday:	1:00 – 6:30pm
Family Friday Nights:	7:00 – 9:00pm
Saturday & Sunday:	1:00 – 6:00pm

Season Passes

Season Pool Passes can be purchased at Alumni Hall Fitness Center beginning May 1 during regular hours of operation and also at the Municipal Outdoor Pool beginning May 27 during public swim hours.

Pool Admission

Daily Fee:	\$1.25
Season Pass:	\$25 / individual pass \$60 / family pass



LEARN TO SWIM CLASSES

The City of Frisco offers American Red Cross (ARC) Learn to Swim classes. Classes are held Monday through Thursday mornings for two weeks or Saturday Mornings for four weeks. All classes are held at the Municipal Outdoor Pool. Safety topics will occur at the Youth Center Building on inclement weather days. Age restrictions for all Learn to Swim classes will be enforced. NO MAKE-UP LESSONS ALLOWED.

PARENT & CHILD BEGINNER

Ages 6 months – 3 Years. The foundation of the ARC Parent & Child class is a set of basic skills that prepares young children to become comfortable in the water. These basic skills include water adjustment, increased confidence and coordination, showing comfort while maintaining a front and back position in the water and demonstrating breath control. A responsible adult is required to participate with the child.

M – Th	9:45 – 10:20am	Fee
6/05 – 6/15	2001.01	\$55
6/19 – 6/29	2001.02	\$55
7/10 – 7/20	2001.03	\$55
7/24 – 8/03	2001.04	\$55

Sa	9:45 – 10:20am	Fee
6/10 – 7/01	2001.11	\$30
7/15 – 8/05	2001.12	\$30

PARENT & CHILD ADVANCED

Ages 18 months – 3 years. The foundation of ARC Parent & Toddler class is a set of basic skills that prepares young children to become comfortable in the water. This class will expand on the Parent & Child Beginner class including new techniques and water safety education. A responsible adult is required to participate with the child.

M – Th	10:30 – 11:05am	Fee
6/05 – 6/15	2008.01	\$55
6/19 – 6/29	2008.02	\$55
7/10 – 7/20	2008.03	\$55
7/24 – 8/03	2008.04	\$55

Sa	10:30 – 11:05am	Fee
6/10 – 7/01	2008.11	\$30
7/15 – 8/05	2008.12	\$30

PRESCHOOL

Ages 3 – 5 years. The Preschool class will teach the fundamentals of water safety, buoyancy, breath control, swimming on front and back, changing directions and water entry and exit. This class will be divided based on ability.

M – Th	9:00 – 9:35am	9:45 – 10:20am	10:30 – 11:05am	11:15 – 11:50am	Fee
6/05 – 6/15	2000.01	2000.02	2000.03	2000.04	\$55
6/19 – 6/29	2000.11	2000.12	2000.13	2000.14	\$55
7/10 – 7/20	2000.21	2000.22	2000.23	2000.24	\$55
7/24 – 8/03	2000.31	2000.32	2000.33	2000.34	\$55

Sa	9:00 – 9:35am	9:45 – 10:20am	10:30 – 11:05am	11:15 – 11:50am	Fee
6/10 – 7/01	2000.41	2000.42	2000.43	2000.44	\$30
7/15 – 8/05	2000.51	2000.52	2000.53	2000.54	\$30

LEVEL 2: Fundamental Aquatic Skills

Ages 6 – 12 years. The objective of Level 2 is for students to propel themselves on their front and back using coordinated arm and leg action. They will also learn to float without support and to recover to a vertical position. Treading water and bobbing are also introduced in this level.

M – Th	9:00 – 9:35am	9:45 – 10:20am	10:30 – 11:05am	11:15 – 11:50am	Fee
6/05 – 6/15	2003.01	2003.02	2003.03	2003.04	\$55
6/19 – 6/29	2003.11	2003.12	2003.13	2003.14	\$55
7/10 – 7/20	2003.21	2003.22	2003.23	2003.24	\$55
7/24 – 8/03	2003.31	2003.32	2003.33	2003.34	\$55

Sa	9:00 – 9:35am	9:45 – 10:20am	10:30 – 11:05am	11:15 – 11:50am	Fee
6/10 – 7/01	2003.41	2003.42	2003.43	2003.44	\$30
7/15 – 8/05	2003.51	2003.52	2003.53	2003.54	\$30



LEVEL 3: Stroke Development

Ages 6 – 12 years. The objective of Level 3 is to continue improvement on front and back crawl, introduce the dolphin kick, diving skills, rotary breathing and personal water safety.

M – Th	9:00 – 9:35am	9:45 – 10:20am	10:30 – 11:05am	Fee
6/05 – 6/15	2003.01	2003.02	2003.03	\$55
6/19 – 6/29	2003.11	2003.12	2003.13	\$55
7/10 – 7/20	2003.21	2003.22	2003.23	\$55
7/24 – 8/03	2003.31	2003.32	2003.33	\$55

Sa	9:00 – 9:35am	9:45 – 10:20am	10:30 – 11:05am	Fee
6/10 – 7/01	2003.41	2003.42	2003.43	\$30
7/15 – 8/05	2003.51	2003.52	2003.53	\$30

LEVEL 4: Stroke Improvement

Ages 6 – 12 years. The objective of Level 4 is to continue improvement on front and back crawl, elementary backstroke and diving skills. This level will introduce breaststroke, butterfly, the scissor kick and personal water safety. Prerequisite is Level 3 card.

M – Th	9:00 – 9:35am	11:15 – 11:50am	Fee
6/05 – 6/15	2004.01	2004.04	\$55
6/19 – 6/29	2004.11	2004.14	\$55
7/10 – 7/20	2004.21	2004.24	\$55
7/24 – 8/03	2004.31	2004.34	\$55

LEVEL 5: Stroke Refinement

Ages 6 – 12 years. The objective of Level 5 is to continue improvement on front and back crawl, elementary backstroke and diving skills. This level will introduce breaststroke, butterfly, sidestroke and personal water safety. Prerequisite is Level 4 card.

M – Th	11:15 – 11:50am	Fee
6/05 – 6/15	2005.04	\$55
6/19 – 6/29	2005.14	\$55
7/10 – 7/20	2005.24	\$55
7/24 – 8/03	2005.34	\$55

Sa	11:15 – 11:50am	Fee
6/10 – 7/01	2005.44	\$30
7/15 – 8/05	2005.54	\$30

LEVEL 6:

Ages 6 – 12 years. The objective of Level 6 is to refine strokes so and focus on different educational classes. Prerequisite is Level 5 card.

M – Th	11:15 – 11:50am	Class Focus	Fee
6/05 – 6/15	2006.04	Personal Water Safety	\$55
6/19 – 6/29	2006.14	Lifeguard Readiness	\$55
7/10 – 7/20	2006.24	Fitness Swimming	\$55
7/24 – 8/03	2006.34	Personal Water Safety	\$55

ADULT BEGINNER

Ages 13+ years. Students will be taught rhythmic breathing, front crawl, back crawl, elementary backstroke and breaststroke.

M – Th	8:15 – 8:50am	12:00 – 12:35pm	Fee
6/05 – 6/15	2007.01	2007.02	\$55
6/19 – 6/29	2007.11	2007.12	\$55
7/10 – 7/20	2007.22	2007.22	\$55
7/24 – 8/03	2007.31	2007.32	\$55

ADULT CONDITIONING

Ages 13+ years. The objective of adult conditioning is to continue to work on front crawl, back crawl, breaststroke and butterfly swimming skills. This class will work on endurance and stroke refinement.

M – Th	8:15 – 8:50am	12:00 – 12:35pm	Fee
6/05 – 6/15	2011.01	2011.02	\$55
6/19 – 6/29	2011.11	2011.12	\$55
7/10 – 7/20	2011.21	2011.22	\$55
7/24 – 8/03	2011.31	2011.32	\$55

DEEP WATER AEROBICS AT FRISCO ISD NATATORIUM

Deep-water fitness offers a great challenge for the cardiovascular and muscular systems. It incorporates strength training, interval and circuit training as well as muscle strength, toning and body composition. Participants must be at least 18 years of age.

Code	Days	Dates	Times	Fee	Instructor
2620.01	M/W/F	6/05 – 7/26	8:00 – 8:45am	\$55	S. Pena
Location: Frisco ISD Natatorium					
Note: No class on 7/03, 7/07, 7/14, 7/19, and 7/21.					

LIFEGUARD TRAINING COURSE

American Red Cross instructors& CPR, First Aid, and AED certification.

Code	Days	Dates	Ages
2009.01	M/W/F/Sa	5/08 – 5/20	15+
Fee: \$175			
Times: M/W/F/5:00 – 9:00pm; Sat. /9:00am – 3:00pm			
Location: Alumni Hall Fitness Center – Natatorium			
Instructor: Stephanie Darimont			



SHEENA'S DANCE, TUMBLING & CHEER CLASSES

To receive the highest level of instruction and minimize distractions, parents, siblings, and other visitors will be asked to wait outside the classroom during classes. Relatives are encouraged to attend their child's class the last week of the session on Visitation Day. No classees July 3-8.

DELICATE DANCERS

Little dancers will enjoy this tap and ballet class. Dancers develop rhythmic ability and coordination during tap, while learning beginning basics of classical ballet. Dance helps children develop imagination, body sense, and the ability to relate to music. Requested attire includes any color leotard, tights, black tap and pink leather ballet shoes.

Code	Days	Dates	Times	Ages
1302.01	Tu	6/20 - 8/01	4:00 - 4:45pm	2 ^{1/2} - 4
1302.02	W	6/21 - 8/02	4:00 - 4:45pm	2 ^{1/2} - 4
1302.03	W	6/21 - 8/02	3:15 - 4:00pm	2 ^{1/2} - 4
1302.04	Th	6/22 - 8/03	10:15 - 11:00am	2 ^{1/2} - 4
1302.05	Sa	6/24 - 8/05	9:30 - 10:15am	2 ^{1/2} - 4

Fee: \$52

Location: Sheena's Dance Academy

BUDDING BALLERINAS

Perfect class and starting point for those interested in learning dance. Classical ballet is the foundation of all dance forms. Attire: leotard, tights, pink leather ballet shoes. Ballet skirt is optional.

Code	Days	Dates	Times	Ages
1306.01	Tu	6/20 - 8/01	4:00 - 4:45pm	4 - 6
1306.02	W	6/21 - 8/02	5:30 - 6:15pm	7 - 9

Fee: \$52

Location: Sheena's Dance Academy

THE FRISCO BALLET WORKSHOP

A fun filled workshop for those interested in pursuing their classical ballet education, brought to you by The Frisco Ballet Company. Perfect for those who have visions of dancing sugar plums. Recommended attire includes black leotard, pink tights, ballet shoes, and hair secured out of face.

Code	Days	Dates	Times	Ages
1310.01	M - Th	7/24 - 7/27	4:30 - 5:45pm	8 - 9
1310.02	M - Th	7/24 - 7/27	4:30 - 5:45pm	10 - 11
1310.03	M - Th	7/24 - 7/27	5:45 - 7:00pm	12 - 14
1310.04	M - Th	7/24 - 7/27	5:45 - 7:00pm	15 - 18

Fee: \$60

Location: Sheena's Dance Academy

SHEENA'S SAMPLER DANCE CAMP

Dancers will get a taste of classical ballet, tap, jazz, hip hop, cheer, musical theatre, tumbling, and much more! A performance will be given for participants' parents the last day of camp. Lunch is provided each day. Recommended attire includes any color of leotard and tights. Ballet shoes or lightweight tennis shoes are suitable.

Code	Days	Dates	Times	Ages
1307.01	M - Th	6/26 - 6/29	10:00am - 3:00pm	4 - 6
1307.02	M - Th	6/26 - 6/29	10:00am - 3:00pm	7 - 9
1307.03	M - Th	6/26 - 6/29	10:00am - 3:00pm	10 - 12
1307.04	M - Th	7/24 - 7/27	10:00am - 3:00pm	4 - 6
1307.05	M - Th	7/24 - 7/27	10:00am - 3:00pm	7 - 9
1307.06	M - Th	7/24 - 7/27	10:00am - 3:00pm	10 - 12

Fee: \$155

Location: Sheena's Dance Academy

MUSICAL THEATRE

A unique class using creative expression as a form of dance. A combination of acting and dance combine to form this truly American art form. Requested attire includes black jazz shoes, leotard and tights (females), sweat pants and solid color t-shirts (males).

Code	Days	Dates	Times	Ages
1303.01	Tu	6/20 - 8/01	4:45 - 5:30pm	8 - 13

Fee: \$52

Location: Sheena's Dance Academy

RAINBOW DANCERS

This class explores a rainbow of dancing styles! Children will learn ballet basics, improving dancers' poise, posture and self-confidence. High-energy jazz focuses on the stylized basics. Parents remain outside the classroom during lessons. Requested attire includes any color leotard, tights, black tap and pink leather ballet shoes.

Code	Days	Dates	Times	Ages
1300.01	W	6/21 - 8/02	4:45 - 5:30pm	5 - 7

Fee: \$52

Location: Sheena's Dance Academy

SNAZZY N JAZZY

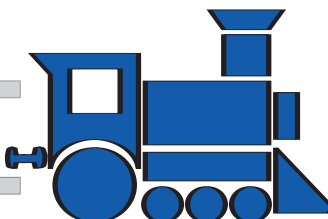
Get energized in our fun, upbeat jazz class. Concentrating on basic jazz technique- flexibility, coordination, control, turns, leaps, progressions, isolations and much more. Requested attire includes black jazz shoes, leotard and tights (females), sweat pants and solid color t-shirts (males).

Code	Days	Dates	Times	Ages
1305.01	W	6/21 - 8/02	5:30 - 6:15pm	5 - 7
1305.02	W	6/21 - 8/02	5:30 - 6:15pm	8 - 10
1305.03	W	6/21 - 8/02	5:30 - 6:15pm	11 - 12

Fee: \$52

Location: Sheena's Dance Academy

YOUTH PROGRAMS



FUNKY HIP HOP

Learn the “funky” form of street dance, often featured in music videos. Dancers benefit from the coordination, strength, quickness, and endurance acquired from our hip-hop classes. Boys and girls are welcome. Requested attire includes comfortable athletic wear and jazz shoes.

Code	Days	Dates	Times	Ages
1301.01	M	6/19 – 7/31*	5:30 – 6:15pm	5 – 7
1301.02	W	6/21 – 8/02**	4:00 – 4:45pm	5 – 7
1301.03	Tu	6/20 – 8/01**	4:45 – 5:30pm	8 – 10
1301.04	Sa	6/24 – 8/05**	11:00 – 11:45am	8 – 10
1301.05	Tu	6/20 – 8/01**	5:30 – 6:15pm	11 – 13
1301.06	W	6/21 – 8/02**	6:15 – 7:00pm	14 – 16

Fee: \$52

Location: * Superdome Conference Room

** Sheena's Dance Academy

FUNKY HIP HOP WORKSHOP

The “funky” form of street dance offered in a one day workshop! Requested attire includes comfortable athletic wear and sneakers. Great for girls and boys!

Code	Days	Dates	Times	Ages
1309.01	M	7/24	4:30 – 5:45pm	5 – 7
1309.02	M	7/24	4:30 – 5:45pm	8 – 10
1309.03	M	7/24	5:45 – 7:00pm	11 – 13
1309.04	M	7/24	5:45 – 7:00pm	14 – 16

Fee: \$20

Location: Sheena's Dance Academy

“BOYZ” FUNKY HIP HOP

“Boyz” will benefit from the coordination, strength, quickness, and endurance acquired from our hip-hop classes while learning the latest hip dance moves. Sorry girls, this one is just for the boys! Requested attire includes comfortable athletic wear and jazz shoes.

Code	Days	Dates	Times	Ages
1304.01	Tu	6/20 – 8/01	4:00 – 4:45pm	6 – 9
1304.02	Tu	6/20 – 8/01	5:30 – 6:15pm	10 – 12
1304.03	Tu	6/20 – 8/01	6:15 – 7:00pm	13 – 16

Fee: \$52

Location: Sheena's Dance Academy

FLIP, FLOP AND ROLL

Both boys and girls alike will enjoy this fun-filled class that helps children develop flexibility, body control, and coordination while learning basic tumbling and acrobatic skills. Parents remain outside the classroom during lessons.

Code	Days	Dates	Times	Ages
2501.01	M	6/19 – 7/31	3:15 – 4:00pm	3 – 4
2501.02	M	6/19 – 7/31	4:00 – 4:45pm	5 – 7

Fee: \$52

Location: Superdome Conference Room

SHEENA'S CHEER CAMP

Cheers, chants, jumps, simple stunting, cheer dance, hip hop, and much more fun! Recommended attire includes tennis shoes, socks, shorts, T-shirt, and hair secured out of face. Cheer uniforms are permitted.

Code	Days	Dates	Times	Ages
1308.01	M – Th	6/26 – 6/29	1:00 – 3:00pm.	5 – 8
1308.02	M – Th	6/26 – 6/29	1:00 – 3:00pm	9 – 12
1308.03	M – Th	7/24 – 7/27	1:00 – 3:00pm	5 – 8
1308.04	M – Th	7/24 – 7/27	1:00 – 3:00pm	9 – 12

Fee: \$60

Location: Sheena's Dance Academy

FRISCO DANCE FORCE CLASSES

No Class July 4-6

MACHO MOVERS

This is a special movement class just for the BOYS! This class is designed to introduce boys to basic dance movements such as galloping, leaping, and jumping. It will improve and develop listening skills, body strength, awareness, endurance, coordination, and gracefulness in a masculine manner. Suggested attire includes any style t-shirt and gym shorts or sweatpants. Shoes are optional.

Code	Days	Dates	Times	Ages
1351.01	Tu	6/13 – 7/25	1:45 – 2:30pm	3 – 5

Fee: \$50

Location: Frisco Dance Force

TAP-N-TUMBLE

This class combines the fun style of tap dance and basic tumbling. Tap is designed to enhance coordination of the ankles and feet by striking the floor in a rhythmic fashion. Tumbling will concentrate on basic gymnastic maneuvers such as cartwheels, round offs, and handstands. Fun class for boys and girls! Suggested attire includes any style leotard with any color footless tights, and black tap shoes.

Code	Days	Dates	Times	Ages
1353.01	W	6/14 – 7/26	1:45 – 2:30pm	3 – 5

Fee: \$50

Location: Frisco Dance Force

DANCE-N-B-FIT

Great class to promote a healthy, active lifestyle for boys and girls. The class will combine basic fitness exercises such as push-ups, crunches, and cardio, while learning groovy fun dance moves and routines. Suggested attire includes any style t-shirt, gym pants/shorts, and tennis shoes.

Code	Days	Dates	Times	Ages
1354.01	Th	6/15 – 7/27	1:45 – 2:30pm	6 – 8

Fee: \$50

Location: Frisco Dance Force



GYMNASTICS AT FRISCO GYMNASTICS CENTER

PRESCHOOL GYMNASTICS

Preschool Developmental Gymnastics classes includes an obstacle course, preschool size bars, balance beams, vault and trampolines. Requested attire includes leotards for girls and shorts & t-shirt for boys.

Code	Days	Dates	Times	Ages
2200.01	M	6/05 – 6/26	3:30 – 4:15pm	3 – 4
2200.02	M	6/05 – 6/26	5:30 – 6:15pm	3 – 4
2200.03	M	7/10 – 7/31	3:30 – 4:15pm	3 – 4
2200.04	M	7/10 – 7/31	5:30 – 6:15pm	3 – 4
2200.05	M	6/05 – 6/26	4:30 – 5:15pm	5 – 6
2200.06	M	6/05 – 6/26	6:30 – 7:15pm	5 – 6
2200.07	M	7/10 – 7/31	4:30 – 5:15pm	5 – 6
2200.08	M	7/10 – 7/31	6:30 – 7:15pm	5 – 6

Fee: \$65

Location: Frisco Gymnastics Center

BOYS BEGINNING GYMNASTICS

Boys get the best of both worlds in this class! Increase strength, flexibility and skills development. Events include bars, vault, tumbling and trampolines. Requested attire is shorts and t-shirt.

Code	Days	Dates	Times	Ages
2201.01	M	6/05 – 6/26	4:30 – 5:30pm	7+
2201.02	M	6/05 – 6/26	5:30 – 6:30pm	7+
2201.03	M	7/10 – 7/31	4:30 – 5:30pm	7+
2201.04	M	7/10 – 7/31	5:30 – 6:30pm	7+

Fee: \$75

Location: Frisco Gymnastics Center

TRAMPOLINE & TUMBLING

This class is for the students who are solely interested in tumbling, mini-tramp and trampoline. For those girls and boys who are interested in learning back handsprings, back tucks or twisting. Great for cheerleaders! Requested attire includes leotards for girls and shorts & t-shirt for boys.

Code	Days	Dates	Times	Ages
2202.01	M	6/05 – 6/26	3:30 – 4:30pm	7 – 12
2202.02	M	7/10 – 7/31	3:30 – 4:30pm	7 – 12

Fee: \$75

Location: Frisco Gymnastics Center

PARENT AND TOT, FUN AND FIT

You & your child will have a delightful time together exploring and playing in the gym! Class includes movement and music time, playing on the tumbling obstacle course, bouncing on a trampoline, swinging on the bars and walking on the balance beam. Activities are designed to increase balance and coordination while putting a smile on your face.

Code	Days	Dates	Times	Ages
2203.01	M	6/05 – 6/26	3:30 – 4:15pm	18mo – 3 yrs
2203.02	M	6/05 – 6/26	6:30 – 7:15pm	18mo – 3 yrs

2203.03	M	7/10 – 7/31	3:30 – 4:15pm	18mo – 3 yrs
2203.04	M	7/10 – 7/31	6:30 – 7:15pm	18mo – 3 yrs

Fee: \$55

Location: Frisco Gymnastics Center

BUILD A CUSTOM SKATEBOARD

Skateboarding is America's fastest growing sport! Help your son/daughter get the "Right Start". Price includes basic instruction on choosing a stance, starting/stopping techniques, and all materials to build a pro-style skateboard, resources for safety equipment and local skate parks, stickers, and more. Parent should attend with youth to help with assembly. Sales tax included.

Code	Days	Dates	Times	Ages
3202.01	W	6/14	6:00 – 7:00 pm	6 – 12
3202.02	W	7/12	6:00 – 7:00 pm	6 – 12

Fees: \$25 class fee due at registration

\$40 supply fee payable to instructor at the class

Location: Youth Center Building

TAE KWON DO

Students learn to act swiftly when defending themselves, if necessary, with courage and commitment; develop a healthy spirit through proper mental and physical conditioning; and demonstrate respect and a positive attitude towards everyone. Instruction is continuous throughout the year with students advancing based upon their individual skills with registration on-going.

Code	Days	Dates	Times	Ages
Beginning Class				
2101.01	M/W	5/15 – 6/21*	6:00 – 6:50pm	5 – 15
2101.02	M/W	6/26 – 8/09**	6:00 – 6:50pm	5 – 15

Intermediate Class

2102.01	M/W	5/15 – 6/21*	6:50 – 7:40pm	5 – 15
2102.02	M/W	6/26 – 8/09**	6:50 – 7:40pm	5 – 15

Advanced Class

2103.01	M/W	5/15 – 6/21*	7:40 – 8:30pm	5 – 15
2103.02	M/W	6/26 – 8/09**	7:40 – 8:30pm	5 – 15

Fee: \$70

Location: Senior Center at Frisco Square

Note: *No Class on 5/29.

**No Class on 7/03, 7/10, and 7/12.

TAE KWON DO SPARRING CAMP

The program works with students to develop sparring techniques through various workouts and exercises, including work with bags and partners. Students also learn the technique of point sparring. All participants receive a t-shirt.

Code	Days	Dates	Times
2104.01	Sa	6/03 – 6/24	8:30 – 10:30am

Fee: \$65 (includes camp t-shirt)

Location: Alumni Hall Fitness Center

Note: For current intermediate & advanced students who are sparring.

YOUTH PROGRAMS



ROCK CLIMBING CAMPS

Canyons of Frisco Indoor Rock Climbing Gym is offering Summer Break Camps for ages 5 – 15 year olds. Your child will learn to be challenged physically and mentally and have a blast doing it. Camps include all gear for the week and a pizza party on Friday.

Code	Days	Dates	Times
3204.01	M – F	5/29 – 6/02	9:00am – 1:00pm
3204.02	M – F	6/05 – 6/09	9:00am – 1:00pm
3204.03	M – F	6/05 – 6/09	1:00pm – 5:00pm
3204.04	M – F	6/12 – 6/16	9:00am – 1:00pm
3204.05	M – F	6/19 – 6/23	9:00am – 1:00pm
3204.06	M – F	6/26 – 6/30	9:00am – 1:00pm
3204.07	M – F	6/26 – 6/30	1:00pm – 5:00pm
3204.08	M – F	7/03 – 7/07	9:00am – 1:00pm
3204.09	M – F	7/10 – 7/14	9:00am – 1:00pm
3204.10	M – F	7/17 – 7/21	9:00am – 1:00pm
3204.11	M – F	7/17 – 7/21	1:00pm – 5:00pm
3204.12	M – F	7/24 – 7/28	9:00am – 1:00pm
3204.13	M – F	7/31 – 8/04	9:00am – 1:00pm
3204.14	M – F	7/31 – 8/04	1:00pm – 5:00pm
3204.15	M – F	8/07 – 8/11	9:00am – 1:00pm

Fee: \$225

Location: Canyons of Frisco

ETIQUETTE – IMAGE IS EVERYTHING!™

Individuals are empowered with high self-esteem and self worth. Participants learn introductions, dining skills, telephone skill, poise, posture, and confidence, personal body care and more. Individuals leave these sessions empowered intellectually, and emotionally. Great for young men and young ladies!

Code	Days	Dates	Times	Ages
1503.01	Sa	6/24	1:00 – 3:00pm	9 – 18
1503.02	Sa	7/15	1:00 – 3:00pm	9 – 18
1503.03	Sa	7/22	1:30 – 3:30pm	5 – 9

Fee: \$35

Location: Building Images Studios

CHARMING DARLINGS

Polite conduct, behavior and the importance of etiquette are addressed with a focus on conversation & listening skills, thank you notes, guests, table manners and common courtesies during this fun and interactive class. Place settings, light meal, workbook, and commemorative keepsake are included for a delightful and memorable experience.

Code	Days	Dates	Times	Ages
1501.01	Sa	6/10	1:30 – 3:45pm	6 – 8
1501.02	Sa	7/08	1:30 – 3:45pm	6 – 8
1501.03	Sa	8/12	1:30 – 3:45pm	6 – 8

Fee: \$32

Location: Superdome Conference Room

SUPER SITTERS!

BABYSITTER'S TRAINING COURSE

This program will teach you how to become a responsible babysitter through learning about childrens' needs. Instruction includes rescue breathing, conscious choking and other important information to help babysitters be prepared in an emergency situation. Students who complete the course receive a handbook of information and activities to use as a reference. Students should bring a sack lunch.

Code	Days	Dates	Times	Ages
4101.01	Sa	6/03	8:30am – 3:30pm	11+
4101.02	Sa	6/17	8:30am – 3:30pm	11+

Fee: \$68

Location: Senior Center at Frisco Square

MODELING 101

Participants have fun as they learn their unique style. This program is designed to increase student's confidence and self-esteem. A professional model and pageant winner teaches this program. Students will receive a free virtual makeover! Students will leave with improved posture and confidence to soar in any area of their life! Requested attire is casual clothing with a pair of smooth bottom shoes for boys and girls. A professional model and pageant winner teaches this program.

Code	Days	Dates	Times	Ages
4102.01	Sa	6/24	10:00am – 12:00pm	5 – 16
4102.02	Sa	7/15	10:00am – 12:00pm	5 – 16

Fee: \$35

Location: Building Images Studios

MOTHER – DAUGHTER SUMMER TEA

Mothers and their daughters have fun at the enchanting Building Images Studios as they dress up in hats, gloves, and boas provided by the Studio! Once they are dressed to the nine they participate in a fashion show and enjoy a beautiful light lunch complete with all the summer sweets! Grandmothers and others are welcome. Everyone receives a beautiful gift to take home.

Code	Days	Dates	Times	Ages
1502.01	Sa	7/08	10:30am – 12:00pm	All
1502.02	Sa	7/08	1:30 – 3:00pm	All

Fee: \$22 per person

Location: Building Images Studios

ADVANCE MODELING

Recommended for students who have completed Modeling 101. This is an advance fast pace class. Students work on movement and their unique style. Body language and communication is discussed. Students discuss what type of clothing works best with their body type. Students have fun as they learn advance runway techniques and photo posing.

Code	Days	Dates	Times	Ages
4103.01	Sa	7/22	10:00am – 12:00pm	5 – 16

Fee: \$35

Location: Building Images Studios



MAD SCIENCE SUMMER CAMPS

Bubbles...Smoke...Explosions!

Have fun with Chemistry-build a magical crystal garden! Synthesize your own slime. Build a real fire extinguisher and watch a film canister explode! Learn everything about space flight, rocket design, and the exploding forces required for lift-off. Students will explore these and other projects, and bring science to life.

Code	Days	Dates	Times	Ages
4104.01	M – F	6/12 – 6/16	9:00 – 11:30am	5 – 11
4104.02	M – F	7/10 – 7/14	1:00 – 3:30pm	5 – 11
Fee:	\$168			
Location:	Superdome Conference Room			

Detectives Science Camp!

Become a detective and investigate a crime scene using tools that you build on your own. Use your own chemicals to create a magnificent display of light. Discover how and why lasers work. Use silly putty to make imprints! Learn how movie sound effects are created. Learn the secrets behind magic tricks and optical illusions and become a better detective.

Code	Days	Dates	Times	Ages
4105.01	M – F	6/12 – 6/16	1:00 – 3:30pm	5 – 11
4105.02	M – F	7/17 – 7/21	9:00 – 11:30am	5 – 11
Fee:	\$168			
Location:	Superdome Conference Room			

Natural Wonders!

Explore rocks and minerals! Learn how to read weather and understand hurricanes, tornadoes, and thunderstorms. Venture into the animal kingdom and learn how we are affected by the food chain and the natural cycles that ensure all living things in our ecosystem continue to function.

Code	Days	Dates	Times	Ages
4106.01	M – F	6/26 – 6/30	9:00 – 11:30am	5 – 11
4106.02	M – F	7/17 – 7/21	1:00 – 3:30pm	5 – 11
Fee:	\$168			
Location:	Superdome Conference Room			

Sports Science!

Want to know why your toe is so important when it come to sports? Be able to predict which sports you'll be good at playing just by looking at your toes. Explore the difference between carbohydrates, proteins, and fats and how it can affect your daily energy levels. Better understand the mechanics of movement and laws of physics to become a better athlete. Discover how machines are used in our everyday life to enhance physical training for better sports performance. Test your reflexes and much more!

Code	Days	Dates	Times	Ages
4107.01	M – F	6/26 – 6/30	1:00 – 3:30pm	5 – 11
4107.02	M – F	7/10 – 7/14	9:00 – 11:30am	5 – 11
Fee:	\$168			
Location:	Superdome Conference Center			

ART EXPLORATION CLASSES FOR ASPIRING ARTISTS

Multimedia Illustrations

Learn the amazing art of illustrations! Create character, animal and human figure illustrations using inks, watercolor pencils, oil pastels, and color pencils. Some supplies required prior to first day of class, please pick up a supplies list when you register!

Code	Days	Dates	Times	Ages
1103.01	M	6/19 – 7/24	2:45 – 3:45pm	6 – 13
Fee:	\$90			
Location:	Youth Center Building			

Creative Sculptures

Let your creativity flow as you roll, twist and cut soft clay to create unique miniature figures. Work with your hands to create favorite animals and birds, human figures, portraits and cartoon characters. New projects each lesson! Some supplies required prior to first day of class, please pick up a supplies list when you register!

Code	Days	Dates	Times	Ages
1104.01	M	6/19 – 7/24	4:00 – 5:00pm	6 – 13
Fee:	\$90			
Location:	Youth Center Building			

Drawing

This is a brilliant program for aspiring artists! Explore a variety of art materials and media, and develop your artistic skills to create portraits, people, animals and cartoon characters while learning contour drawing, shading, composition, perspective, and more. Some supplies required prior to first day of class, please pick up a supplies list when you register!

Code	Days	Dates	Times	Ages
1105.01	W	6/21 – 7/26	4:00 – 5:00pm	6 – 13
Fee:	\$90			
Location:	Youth Center Building			

Rembrandt's Oil Painting Class

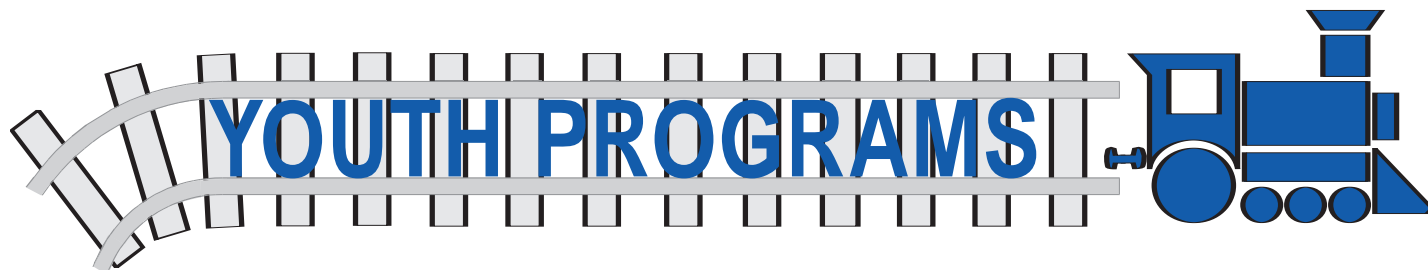
Learn the basics of oil media in the classical manner. Some supplies required prior to first day of class, please pick up a supplies list when you register!

Code	Days	Dates	Times	Ages
1106.01	F	6/23 – 7/28	4:30 – 5:45pm	6 – 13
Fee:	\$90			
Location:	Youth Center Building			

Cartoons and Animation

A cartoon is simply put a drawing that says something. Kids will have fun discovering their artistic talents while learning principles of animation techniques.

Code	Days	Dates	Times	Ages
1108.01	W	6/21 – 7/26	2:45 – 3:45pm	6 – 13
Fee:	\$90			
Location:	Youth Center Building			



ABRAKADOODLE™

Join Abakadoodle™ as little fingers experiment with painting, gluing, printing, and creating while developing fine motor, language, and self-help skills. Each lesson has new developmentally appropriate activities to help children acquire new skills while exploring through play. New lessons each session! All art supplies included with fee. Parent participation is required for ages 20-36 mo. classes.

Code	Days	Dates	Times	Ages
1100.01	W	5/17 – 6/21*	10:00 – 10:35am	20 mo. – 36 mo.
1100.02	W	5/17 – 6/21**	10:45 – 11:30am	3 – 5 years
1100.11	W	6/28 – 8/09*	10:00 – 10:35am	20 mo. – 36 mo.
1100.12	W	6/28 – 8/09**	10:45 – 11:30am	3 – 5 years

Fee: * Class fee is \$96
** Class Fee is \$100

Location: Community Center

Note: No classes on 7/05.

ADVENTURES IN ART CAMP

Finally! An Art Camp that teaches fine art and creative thinking instead of simple crafts! Your artist will complete 8 finished works of art mastering watercolor, oil and acrylic on canvas and acrylics and silkscreen on fabric. Each day our “little Monet”, under the guidance of a professional who specializes in teaching children, will complete two different masterpieces you’ll be proud to frame and hang. All art supplies are provided. Please wear old t-shirt & bring paper towels. Please bring \$50 for supply fee on the first day of class.

Code	Days	Dates	Times	Ages
1107.01	M – Th	6/12 – 6/15	2:00 – 4:45pm	5 – 13
1107.02	M/W-F	7/03 – 7/07	2:00 – 4:45pm	5 – 13
1107.03	M – Th	7/31 – 8/03	2:00 – 4:45pm	5 – 13

Fee: \$50

Location: Youth Center Building

Private/Semi Private Swim Lessons

Don't see what you're looking for? Or are you interested in specialized swim lessons? For more information contact the Alumni Hall Fitness Center at 972-377-1752 or Stephanie Darimont at sdarimont@friscotexas.gov. Each lesson is 30 minutes in duration.

Private Lesson: 1 person per lesson = \$25

Semi Private: 2 people per lesson = \$45

MUSIC CONSERVATORY CLASSES

EVERYBODY'S GUITAR CAMP

Is your guitar collecting dust in the corner? Come join the fun at our beginning guitar class and learn to read music, play melodies, chords and strumming, basic skills and techniques. Parents attend the last 10 minutes of the final class for a short performance. Students are required to bring their guitar to class (a student sized guitar, acoustic or electric is fine). Amplifiers and cables are provided. Please bring \$15 for text book on the first day of class.

Code	Days	Dates	Times	Ages
3901.01	M – Th	7/10 – 7/19	7:00 – 8:00pm	7 – 15

Fee: \$175

Location: Music Conservatory of Texas

PIANO ADVENTURES CAMP

This is an introductory class. We teach a notation-based program, focusing on reading music and rhythms, technique, ensembles and some theory activities. The teacher helps each student individually for a small portion of the class during headphone time, and we also have a chance to play together in ensemble (great for building listening skills and steady rhythm). Parents attend the last 10 minutes of the final class for a short performance. Students should have a piano or keyboard at home. Please bring \$15 for text book on the first day of class.

Code	Days	Dates	Times	Ages
3902.01	M – Th	7/10 – 7/19	6:00 – 7:00pm	5 – 12

Fee: \$175

Location: Music Conservatory of Texas

GARAGE BAND 101

Experience the thrill of playing like a real rock band! This class is for beginners or students who have played on their own who want to jam and rock out playing contemporary rock music with the help of a teacher. Students bring their instrument of choice, and also get to try out guitar, keyboards, vocals and drums. This program is an excellent introduction to basic playing techniques on specific instruments. Final class is a rock concert! Please bring \$15 for CD and class materials on the first day of class.

Code	Days	Dates	Times	Ages
3903.01	M – Th	7/17 – 7/26	8:00 – 9:00pm	10 – 18

Fee: \$175

Location: Music Conservatory of Texas



LAKES TENNIS ACADEMY

Mini Tennis/Swim, Half-Day Tennis/Swim and Full Sports camps are designed for beginner to intermediate levels ages 3 – 12. Campers will be divided by age and skill level on the first day of camp. All campers will receive a t-shirt. Certified lifeguards will be on duty during all swim times. Camps are held at Lakes Tennis Academy, which is located at 4000 Legacy Drive.

MINI TENNIS/SWIM CAMP

Camp includes one hour of tennis instruction and thirty minutes of supervised swim time each day.

Code	Days	Dates	Times
3830.01	M – Th	5/29 – 6/01	8:30 – 10:00am
3830.02	M – Th	6/05 – 6/08	8:30 – 10:00am
3830.03	M – Th	6/12 – 6/15	8:30 – 10:00am
3830.04	M – Th	6/19 – 6/22	8:30 – 10:00am
3830.05	M – Th	6/26 – 6/29	8:30 – 10:00am
3830.06	M – Th	7/03 – 7/06	8:30 – 10:00am
3830.07	M – Th	7/10 – 7/13	8:30 – 10:00am
3830.08	M – Th	7/17 – 7/20	8:30 – 10:00am
3830.09	M – Th	7/24 – 7/27	8:30 – 10:00am
Fee:	\$90		

HALF-DAY TENNIS/SWIM CAMP

Camp includes one hour of tennis instruction, one hour of supervised swim and one and one-half hours of tennis instruction with games. Snack is provided.

Code	Days	Dates	Times
3831.01	M – Th	5/29 – 6/01	8:30am – 12:00pm
3831.02	M – Th	6/12 – 6/15	8:30am – 12:00pm
3831.03	M – Th	6/26 – 6/29	8:30am – 12:00pm
3831.04	M – Th	7/10 – 7/13	8:30am – 12:00pm
3831.05	M – Th	7/24 – 7/27	8:30am – 12:00pm
Fee:	\$180		

FULL SPORTS CAMP

Camp includes one hour of tennis instruction, one hour of supervised swim, one and one-half hours of soccer instruction, one hour for lunch and two hours of games and activities. Snack and lunch is provided.

Code	Days	Dates	Times
3832.01	M – Th	6/05 – 6/08	8:30am – 3:00pm
3832.02	M – Th	6/19 – 6/22	8:30am – 3:00pm
3832.03	M – Th	7/03 – 7/06	8:30am – 3:00pm
3832.04	M – Th	7/17 – 7/20	8:30am – 3:00pm
3832.05	M – Th	7/31 – 8/03	8:30am – 3:00pm
Fee:	\$285		

ACADEMY 2

This tennis camp is designed for beginner full court players to tournament players ages 9 – 15. Players must be able to hit full court shots and get most of their serves in play.

Code	Days	Dates	Times
3833.01	M – Th	5/29 – 6/01	11:00am – 1:00pm
3833.02	M – Th	6/05 – 6/08	11:00am – 1:00pm
3833.03	M – Th	6/12 – 6/15	11:00am – 1:00pm
3833.04	M – Th	6/19 – 6/22	11:00am – 1:00pm
3833.05	M – Th	6/26 – 6/29	11:00am – 1:00pm
3833.06	M – Th	7/03 – 7/06	11:00am – 1:00pm
3833.07	M – Th	7/10 – 7/13	11:00am – 1:00pm
3833.08	M – Th	7/17 – 7/20	11:00am – 1:00pm
3833.09	M – Th	7/24 – 7/27	11:00am – 1:00pm
Fee:	\$90		

FRISCO TENNIS SCHOOL

Frisco Tennis School has camps in your neighborhood with clinics at 6 locations throughout the city. Beginning players will have a blast learning the sport of a lifetime, and current players will improve skills as they train for school and tournament play. Students learn fundamental tennis strokes in a “Skill of the Day” format. Rackets are provided. All camp participants receive a prize and a fun can of balls. Makeups for inclement weather will be held on Friday of each camp week. Coaching staff is led by USPTA-certified coach David Gray, former head coach at the University of North Texas. Frisco Tennis School is a cooperative effort between the City of Frisco and the Frisco ISD.

FTS Camps: Designed for children 4 – 13 years of age.

Code	Days	Dates	Times	Location
3806.01	Tu – F	5/30 – 6/02	8:30 – 10:00am	Warren Park
3806.02	M – Th	6/05 – 6/08	8:30 – 10:00am	Clark MS
3806.04	M – Th	6/12 – 6/15	8:30 – 10:00am	Wester MS
3806.05	M – Th	6/19 – 6/22	8:30 – 10:00am	Pioneer MS
3806.06	M – Th	6/26 – 6/29	8:30 – 10:00am	Clark MS
3806.07	M – Th	7/24 – 7/27	8:30 – 10:00am	Warren Park
Fee:	\$79			

Special Evening Camps: Designed for children 4–13 years of age

Code	Days	Dates	Times	Location
3807.00	M – Th	6/05 – 6/08	6:30 – 8:00am	Griffin MS
3807.01	M – Th	6/12 – 6/15	6:30 – 8:00pm	Warren Park
3807.02	M – Th	7/10 – 7/13	6:30 – 8:00pm	Shawnee Tr Park
Fee:	\$79			



"THE ICE @ STONEBRIAR" ICE SKATING CLASSES

Tot Class: *Designed for children 3 – 5 years of age*

This session is designed for toddlers as an introduction to the world of ice-skating. Toddlers will learn how to fall down and get up, march in place, march while skating and learn a beginning two-foot glide. Ice skates and professional instruction included. Mittens, gloves, and warm, loose apparel suggested.

Code	Days	Dates	Times
1900.01	M	6/05 – 7/10	4:30 – 5:00pm
1900.02	Tu	6/06 – 7/11	10:00 – 10:30am
1900.03	F	6/09 – 7/14	4:30 – 5:00pm
1900.04	Sa	6/10 – 7/15	12:15 – 12:45pm
1900.11	M	7/17 – 8/21	4:30 – 5:00pm
1900.12	Tu	7/18 – 8/22	10:00 – 10:30am
1900.13	F	7/21 – 8/25	4:30 – 5:00pm
1900.14	Sa	7/22 – 8/26	12:15 – 12:45pm

Fee: \$72

Location: The Ice @ Stonebriar Centre

Note: No class on 7/04

Beginner Class: *Designed for children 6 – 12 years of age.*

This session will teach the basic techniques of ice-skating. Each skater will learn one and two foot glides, dips, backward wiggles, a rocking horse and snow plow stop. Ice skates and professional instruction included. Mittens, gloves, and warm, loose apparel suggested.

Code	Days	Dates	Times
1901.01	M	6/05 – 7/10	4:30 – 5:00pm
1901.02	Tu	6/06 – 7/11	10:00 – 10:30am
1901.03	F	6/09 – 7/14	4:30 – 5:00pm
1901.04	Sa	6/10 – 7/15	12:15 – 12:45pm
1901.11	M	7/17 – 8/21	4:30 – 5:00pm
1901.12	Tu	7/18 – 8/22	10:00 – 10:30am
1901.13	F	7/21 – 8/25	4:30 – 5:00pm
1901.14	Sa	7/22 – 8/26	12:15 – 12:45pm

Fee: \$72

Location: The Ice @ Stonebriar Centre

Note: No class on 7/04

SKYHAWKS SUMMER CAMPS

Skyhawks provide safe, positive athletic programs that emphasize critical lessons in sports and life, such as sportsmanship, teamwork, winning and losing. Skyhawks continue to build on its foundation of providing healthy and active lifestyle choices while helping develop and build the skills and confidence of young athletes. Camps take place each day, Monday – Friday.

Code	Dates	Times	Ages	Fee
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Soccer at Warren Sports Complex

2900.01	6/05 – 6/09	9:00am – 12:00pm	5 – 9	\$91
2900.02	6/26 – 6/30	9:00am – 12:00pm	5 – 9	\$91
2900.03	6/05 – 6/09	9:00am – 12:00pm	10 – 12	\$91
2900.04	6/26 – 6/30	9:00am – 12:00pm	10 – 12	\$91

Golf at Warren Sports Complex

2901.01	6/05 – 6/09	9:00am – 12:00pm	5 – 8	\$101
2901.02	6/26 – 6/30	9:00am – 12:00pm	5 – 8	\$101

Tennis at Warren Sports Complex

2902.01	6/12 – 6/16	9:00am – 12:00pm	7 – 10	\$91
2902.02	7/17 – 7/21	9:00am – 12:00pm	7 – 10	\$91
2902.03	6/12 – 6/16	9:00am – 12:00pm	11 – 14	\$91
2902.04	7/17 – 7/21	9:00am – 12:00pm	11 – 14	\$91

Basketball at Wester Middle School

2903.01	6/19 – 6/23	9:00am – 12:00pm	5 – 9	\$98
2903.02	6/19 – 6/23	9:00am – 12:00pm	10 – 12	\$98

Baseball at Warren Sports Complex

2904.01	7/10 – 7/14	9:00am – 12:00pm	6 – 9	\$91
2904.02	7/10 – 7/14	9:00am – 12:00pm	10 – 12	\$91

Football at Warren Sports Complex

2905.01	6/12 – 6/16	9:00am – 12:00pm	7 – 10	\$91
2905.02	7/17 – 7/21	9:00am – 12:00pm	7 – 10	\$91
2905.03	6/12 – 6/16	9:00am – 12:00pm	11 – 14	\$91
2905.04	7/17 – 7/21	9:00am – 12:00pm	11 – 14	\$91

Volleyball at Wester Middle School

2906.01	7/10 – 7/14	9:00am – 12:00pm	6 – 9	\$98
2906.02	7/10 – 7/14	9:00am – 12:00pm	10 – 12	\$98

Cheerleading at Warren Sports Complex

2907.01	6/05 – 6/09	9:00am – 12:00pm	5 – 8	\$91
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Mini Hawk at Warren Sports Complex - (Soccer, Baseball & Basketball)

2908.01	6/12 – 6/16	9:00am – 12:00pm	4 – 7	\$91
2908.02	7/31 – 8/04	9:00am – 12:00pm	4 – 7	\$91



YOUTH ATHLETICS

MAJOR LEAGUE BASEBALL'S "PITCH, HIT & RUN"

Saturday, May 7, 2006 • 1:00 p.m. – 4:00 p.m. • Harold Bacchus Community Park



PITCH, HIT & RUN is a **FREE** program for youngsters ages 7-14*, designed to encourage youth participation in baseball by allowing youngsters to showcase their pitching, hitting and running abilities.

Boys & girls compete together in four age groups: 7/8, 9/10, 11/12, 13/14.

*Age is determined as of July 17, 2005.

PRIZES/AWARDS

- All youngsters competing at the local level receive an item for their participation and a chance to advance to the regional competition.
- National Finalists receive a trip to Pittsburg for the 2006 All-Star Game.

PITCH: Throw pitches at a designated "Strike Zone" target.

HIT: Hit from a stationary tee for distance and accuracy.

RUN: Run from second base to home plate for time.

For more information, please contact Scot McCollum at 972-335-5517 or by email at smccollum@friscotexas.gov

FRISCO TRACK CLUB • Saturdays, May 27 – July 1

The City of Frisco in conjunction with the Frisco ISD is offering a summer youth track club. This recreational club is designed for ages 7 – 18 and is suitable for all skill levels. The Frisco Track Club is affiliated with Texas Amateur Athletic Federation (TAAF) and will compete in TAAF organized track and field meets. Each athlete will receive a uniform and quality instruction from our team of coaches. The registration fee does not include individual meet fees, as these fees are the responsibility of each athlete payable at the meet.

Registration closes on May 6.

Code: 3300.01
Fee: \$70 if you have the same club-issued uniform from last year
 \$20 additional if you need a new or replacement uniform
Dates: Practice occurs every Tuesday & Thursday beginning on May 9
Time: Practice time occurs from 6:00 – 7:30pm at a site to be announced

Track meets are scheduled every Saturday from May 27 – July 1. Athletes that qualify can attend the Regional meet in Garland on July 13 – 15 with the State meet taking place in Round Rock on July 27 – 30.



FRISCO SPORTS COUNCIL

The Frisco Sports Council comprises of several youth sports associations which are volunteer service organizations that implement and manage youth athletic leagues, tournaments and programs for Frisco's youth population. These organizations are not managed by the City of Frisco, however; partnerships with the city have been formed to provide and maintain practice and game fields for these organizations.



Frisco Football League

972-943-4335 • www.friscofootballleague.com



Frisco Aquatics Swim Team

214-681-6922 • www.friscoaquatics.com



Frisco Bombers Wrestling Club

214-789-5002 • www.friscobombers.com



Frisco Baseball/Softball Association

972-712-BATT • www.fbsa.org



Frisco Amateur Summer Swim Team

214-335-8081 • www.swimfasst.org



Frisco Soccer Association

972-712-GOAL • www.friscosoccer.org



BEGINNERS YOGA

Would you like to improve your strength, flexibility and endurance? Do you need to reduce stress in your life? Would you like to feel both relaxed and refreshed at the end of an exercise class? Beginning Yoga includes stretching, bending and twisting exercises, and relaxation techniques. No yoga training or experience needed.

Code	Days	Dates	Times	Ages
1802.01	M/W	6/05 – 6/28	6:30 – 7:30pm	16+
Fee:	\$40			
Location:	Alumni Hall			

POWER YOGA

Improve your overall fitness while decreasing stress through the ancient art of yoga with a modern "Power" twist. Yoga can increase muscle strength, flexibility, and reduce stress. This form of power yoga will have you sweating and feeling great. Perfect for beginners and advanced students.

Code	Days	Dates	Times	Ages
1803.01	M/F	5/22 – 6/09	10:00-11:00am	12+
1803.02	M/F	6/12 – 7/07	10:00-11:00am	12+
1803.03	Tu/Th	5/23 – 6/08	10:30-11:30am	12+
1803.04	Tu/Th	6/13 – 7/08	10:30-11:30am	12+
Fee:	\$40			
Location:	Alumni Hall			

BOOT CAMP FITNESS

Meet new friends and have fun while getting in great shape. Boot Camp Fitness is a high-energy workout designed to increase strength, cardiovascular endurance, balance, agility, and flexibility. Various fitness games, relays, group challenges and obstacle courses will be incorporated to develop teamwork and motivation. Workouts will be structured to accommodate all fitness levels. Nutritional evaluation and guidance as well as a food and exercise journal are included with the course.

Code	Days	Dates	Times	Ages
1804.01	M/W/F	5/29 – 6/23	5:30-6:30am	16+
1804.02	M/W/F	6/26 – 7/21	5:30-6:30am	16+
Fee:	\$160			
Location:	Warren Sports Complex			

JAZZERCISE!

Improve your health and fitness while having fun and making new friends! Jazzercise incorporates the latest dance moves with the best of Pilates, kick-boxing and yoga for a total body aerobic workout that focuses on cardio, strength, stretching, weight loss and muscle toning. Low-impact and intensity options offered at every class. Bring a mat and hand weights.

Code	Days	Dates	Times	Ages
8 Week Class				
1800.01	Tu/Th	On-going	6:30– 7:30pm	17+
4 Week Class				
1801.01	Tu/Th	On-going	6:30 – 7:30pm	17+
Fee:	\$72 for 16 consecutive classes \$44 for 8 consecutive classes			
Location:	Alumni Hall			
Note:	No class on 7/04.			

SHEENA'S DANCE ACADEMY FOR ADULTS!

Bring your dancing shoes to Sheena's Dance Academy and experience the action, fun, and health benefits of our adult dance classes! Instructors provide both individual and group instruction. All classes are conducted at Sheena's Dance Academy located at 7975 Stonebrook Parkway.

NO CLASSES JULY 3-8.

Swing and Salsa Time

Code	Days	Dates	Times	Ages
3700.01	Tu	6/20 – 8/01	8:00 – 8:45pm	16+
Fee:	\$54 per individual, \$64 per couple			
Attire:	Comfortable clothing, smooth soled shoes. Rubber soles not suggested.			

Country Western

Code	Days	Dates	Times	Ages
3701.01	W	6/21 – 8/02	8:00 – 8:45pm	16+
Fee:	\$54 per individual, \$64 per couple			
Attire:	Comfortable clothing, smooth soled shoes. Rubber soles not suggested.			

Ballet Class

Code	Days	Dates	Times	Ages
3702.01	W	6/21 – 8/02	7:15 – 8:00pm	16+
Fee:	\$64			
Attire:	Leotard, tights, pink leather ballet shoes. Ballet skirt permitted.			

Jazz & Hip Hop Class

Code	Days	Dates	Times	Ages
3703.01	Tu	6/20 – 8/01	7:15 – 8:00pm	16+
Fee:	\$55			
Attire:	Comfortable athletic wear. Jazz shoes recommended.			

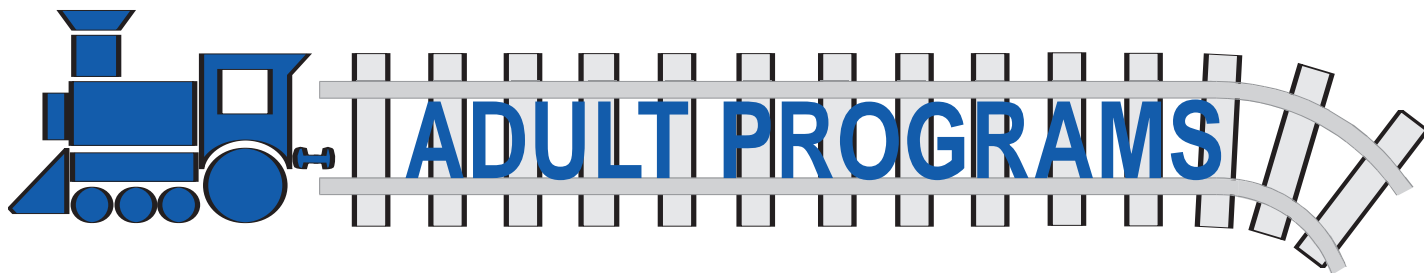
Tap Class

Code	Days	Dates	Times	Ages
3704.01	Tu	6/20 – 8/01	8:00 – 8:45pm	16+
Fee:	\$55			
Attire:	Comfortable athletic/dance wear and black tap shoes.			

DEFENSIVE DRIVING

This program presents a mixture of lecture, video, instructional games and fulfills the requirements for ticket dismissal (check with your court) and insurance discount. The six-hour course focuses on updating drivers' knowledge and attitudes to make the streets a safer place for everyone. Please bring your own lunch! Certificates are mailed approximately 2 days after successful completion of the course. Overnight delivery is available for an additional charge. **Due to State Law requirements, this class will start promptly at the stated time and late students cannot be admitted.**

Code	Days	Date	Times	Ages
1404.11	Sa	6/24	8:30am – 2:30pm	16+
1404.21	Sa	7/29	8:30am – 2:30pm	16+
Fee:	\$30			
Location:	Senior Center at Frisco Square			



ART CLASSES

Discover Your Artistic Talent!

Drawing

Discover your artistic talents while learning fundamental drawing techniques. Explore a variety of art materials and media, and develop your artistic skills to create portraits, people, animals and cartoon characters while learning contour drawing, shading, composition, perspective, and more. Some supplies required prior to first day of class, please pick up a supplies list when you register!

Code	Days	Dates	Times	Ages
1001.01	F	6/23 – 7/28	6:00 – 7:30pm	14+
Fee:	\$120			
Location:	Youth Center			

Rembrandt's Oil Painting Class

Learn the basics of oil media and techniques in the classical manner. Step by step, you will experience the different stages of the art creation process, starting with composition and ending with Rembrandt's unique technique of transparent oil glazing. Instructor will provide theoretical material and help you develop technical skills. Some supplies required prior to first day of class, please pick up a supplies list when you register!

Code	Days	Dates	Times	Ages
1003.01	F	6/23 – 7/28	7:45 – 9:00pm	14+
Fee:	\$120			
Location:	Youth Center			

Stained Glass

Learn basic stained glass techniques, using the versatile copper foil method to create beautiful heirlooms. All supplies are included in the class fee.

Code	Days	Dates	Times	Ages
1004.01	W	6/07 – 6/21	7:00 – 9:00pm	16 +
1004.11	W	6/28 – 7/12	7:00 – 9:00pm	16 +
Fee:	\$120			
Location:	Senior Center at Frisco Square			

CPR & FIRST AID

This American Red Cross course is designed to help participants recognize and respond appropriately to emergency situations. Adult, child, and infant CPR and/or First Aid will be covered. Participants may register for CPR or First Aid separately, or register for both course sections. (Must be on same day)

Code	Days	Dates	Times	Ages
CPR Classes				
1400.01	Sa	6/24	9:00am – 4:00pm	14+
1400.11	Sa	7/22	9:00am – 4:00pm	14+
First Aid Classes				
1401.01	Sa	6/24	4:00am – 6:00pm	14+
1401.11	Sa	7/22	4:00am – 6:00pm	14+
Fee:	CPR only - \$55			
	First Aid only - \$50			
	CPR and First Aid - \$80			
Location:	Youth Center			

S.O.S – Social Occasion Survival

Uncomfortable entertaining? Invited to an affair and don't know what to wear? Baffled by place settings and utensils? This class will address wardrobe, dining etiquette, menu planning, the art of listening, small talk and conversation, extending an appropriate thank you note and more. Refreshments and a S.O.S. guide will be provided. Be prepared for your next social occasion whether you are an attendee or the host.

Code	Days	Dates	Times	Ages
3502.01	Sa	6/17	12:30 – 2:30pm	18+
3502.02	Sa	8/19	12:30 – 2:30pm	18+
Fee:	\$28			
Location:	Superdome Conference Room			

TAE KWON DO FOR ADULTS

Students will gain strength, endurance, mobility, reaction time, flexibility, and balance as they learn to act swiftly when defending themselves, if necessary, with courage and commitment. Instruction is continuous throughout the year with students advancing based upon their individual skills with registration on going.

Code	Days	Dates	Times	Ages
3400.01	T/Th	5/16 – 6/22	7:00 – 7:50pm	16 +
3400.11	T/Th	6/27 – 8/10*	7:00 – 7:50pm	16 +
Fee:	\$70			
Location:	Senior Center at Frisco Square			
Note:	*No class on 7/04, 7/11, and 7/13.			



GOLF DEVELOPMENT PROGRAM

Whether you are new to golf or a seasoned player, this program has unbeatable benefits for all golfers! The Player Development Program includes unlimited range balls, access to three golf clinics per week, \$15 two-light hour green fees available seven days a week, \$15 green fees available all-day on Tuesdays, and exclusive extended two-light hours beginning at 1 p.m. all year. Registration available only at the Alumni Hall Fitness Center!

Code: 1700.01
Dates: 6/06 – 8/15
Fee: \$39 per month
 \$10 additional per month to add your spouse
Location: Plantation Golf Club
Note: No games on 7/04.

SUMMER GOLF LEAGUE

A 10-week golf league for players of all levels. Each week will consist of a scramble format with teams changing each week. League winners will be decided by a point system at the conclusion of the league. To be eligible to win, players must participate in at least seven weeks. Registration available only at the Alumni Hall Fitness Center!

Code	Days	Dates	Times
1710.01	Tu	6/06 – 8/15	4:00pm

Fee: \$20 per week (includes 9-hole green fee, cart and prize)
Location: Plantation Golf Club
Note: No class on 7/04.

FRISCO ADULT TENNIS LEAGUE

Matches are scheduled each week with each division having eight weeks to complete scheduled matches. The tennis courts at Warren Sports Complex are reserved for league play on Tuesday and Thursday evenings from 6–10 p.m. All participants will receive a league t-shirt and each league winner receives a free registration in the 2006 Summer Tennis League. Players must be at least 16 years of age.

Code	League	Days	Dates
2410.01	Men's Singles	Tu	6/06 – 8/01
2410.02	Women's Singles	Th	6/08 – 7/27

Fee: \$15 per league
Location: Warren Sports Complex – Tennis Courts
Note: No matches on 7/04.

ADULT BASKETBALL LEAGUE

The basketball leagues are designed for all skill levels. Teams will play ten games with the top four teams advancing to the league playoffs. Players must be at least 18 years of age.

Code	League	Days	Dates	Times
1200.01	Competitive	M	5/15 – 7/24	6:45 – 8:45pm
1200.02	Competitive	W	5/17 – 7/19	6:45 – 8:45pm

Fee: \$385 per team
Location: Alumni Hall Fitness Center – Gymnasium
Note: No games on 5/29.

ADULT SOFTBALL LEAGUE

Softball leagues are available for numerous skill levels. Men's Church, Men's D and Co-Ed leagues play under ASA guidelines. Men's C leagues play under USSSA guidelines. Teams will play nine games with the top four teams advancing to the league playoffs. Players must be at least 18 years of age.

Code	League	Days	Dates
2300.01	Men's Church E	M	6/05 – 7/31
2300.02	Men's Church D	M	6/05 – 7/31
2300.03	Men's Class D	Tu	6/06 – 8/08
2300.04	Men's Class C	Tu	6/06 – 8/08
2300.05	Men's Class D	Th	6/08 – 8/03
2300.06	Men's Class C	Th	6/08 – 8/03
2300.07	Co-Ed Class E	F	6/09 – 8/04
2300.08	Co-Ed Class C	F	6/09 – 8/04

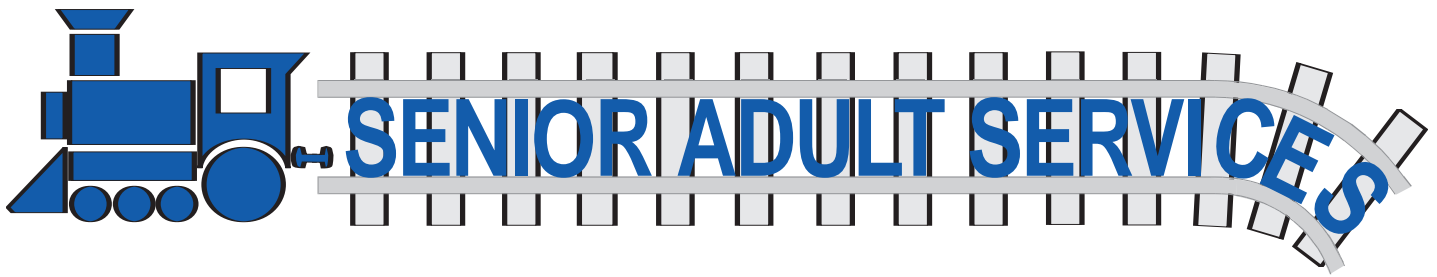
Fee: \$340 per team
Location: Shawnee Trail Sports Complex
Note: No games on 7/04.

ADULT FLAG FOOTBALL LEAGUE

The flag football league is designed for all skill levels. Games are played utilizing an 8-on-8 format. Teams will play eight games with the top four teams advancing to the league playoffs. Players must be at least 18 years of age.

Code	League	Days	Dates	Times
1600.01	Competitive	Tu	6/06 – 8/01	6:45 – 9:45pm
1600.11	Recreational	Th	6/08 – 7/27	6:45 – 9:45pm

Fee: \$375 per team
Location: Warren Sports Complex – Football Field
Note: No games on 7/04.



GENERAL INFORMATION

The Senior Center at Frisco Square offers a wide variety of activities and events for adults 50 years plus. Our facility features a sunlit library, game room with billiards and ping pong table, fitness room, spacious multi-purpose room and kitchen, computer room with internet access, health room, and classroom. Not all activities, classes, and trips are listed in Frisco Fun. To receive a copy of our monthly newsletter with all our happenings around the square, please stop by our facility or visit the Senior Adults link at www.FriscoFun.org.

TRANSPORTATION

The Senior Center at Frisco Square provides curb-to-curb transportation service to and from the center for senior citizens living within the City of Frisco and/or Frisco Independence School District. A reservation should be made

by 1:00pm the day before or by signing up at the Senior Center. The service is free, however, donations are accepted. Participants must be able to board and exit the vehicle independently. The van has two pickups for those requiring transportation to and from the Senior Center. The 1st pickup is between 8:00 – 9:00am and the 2nd pickup is between 9:00 – 10:00am, Monday thru Friday with returning home trips taking place between 2:00 – 3:00pm.

CCART Free Frisco Fixed Route

The Collin County Area Rapid Transit (CCART) free bus route offers hourly bus service with 12 stops around Frisco. The CCART bus stops along each route are clearly marked by signs. Buses will stop curbside for people waiting at the designated bus stops. For more information, please contact CCART at 972-562-4275.

SPECIAL EVENTS

Cinco De Mayo Fiesta

Join us for an afternoon of Spanish music, food, and games as we celebrate May 5th with a Mexican flair. We will hold the event outside (weather permitting) with Mariachi music, fajitas and tacos and a piñata-breaking contest. Don't forget your sombreros, ponchos, or serape. Registration deadline is Wednesday, May 3.

Date: Friday, May 5
Time: 11:30am – 1:30pm
Fee: \$5

Mother's Day Tea

It's a day for all mothers. Sit back, relax, sip some tea, and be pampered at our annual Mothers Day Tea. The ladies of Grace Avenue Methodist church and their youth daughters will help host and serve you. Light refreshments will be provided. Enjoy the company of other moms and share your favorite motherhood stories. Registration deadline is Wednesday, May 3.

Date: Monday, May 8
Time: 10:30am – 12:00pm

Older Americans Month Celebration – The Nifty Fifty Plus

Put on your bobby socks, poodle skirts, and roll up your blue jeans. We are celebrating Older Americans Month with a 50's themed party. Meat, bread, and drinks are provided. Guests are asked to bring a side dish to share. Entertainment, door prizes, and games will add to the excitement of the day. Prizes will be awarded for the best costume. You will not want to miss this festive celebration of aging. Registration deadline is Monday, May 22.

Date: Friday, May 26
Time: 11:30am – 2:00pm

SPECIAL EVENTS, continued

Father's Day Breakfast

Fathers deserve a day of recognition too. Dads, enjoy a sumptuous breakfast complete with bacon, eggs, biscuits, gravy and sausage provided by United Financial Services. Entertainment will be provided and door prizes as well. It is a great start to the father's day you deserve. Registration deadline is Wednesday, June 14.

Date: Saturday, June 17
Time: 9:00 – 10:30am

Summer Luau

It's Hula Time! Construction on Phase II permitting, we will host our sensational summer luau. Feast on ham, fresh fruit, cold salads and dessert. Last year's event was colorful and fun. Games, prizes, friends, and laughs will be enjoyed by all. Don't forget your leis and grass skirts! Registration deadline is Monday, July 17.

Date: Thursday, July 20
Time: 6:00 – 8:00pm
Fee: \$3

TRIPS

Meyerson Chart-Topper Concert: Gershwin's Greatest Hits

The Dallas Symphony Orchestra will *Strike Up the Band* in a lively tribute to one of America's greatest composers and songwriters. The performance includes George Gershwin's original jazz version of *Rhapsody in Blue* as well as his biggest Broadway hits including *Got Rhythm*, *Love is Here to Stay*, *Swanee* and music from *Girl Crazy*. Registration deadline is Wednesday, April 12.

Date: Friday, April 28
Time: 6:30 – 11:00pm
Fee: \$34

SENIOR ADULT SERVICES

TRIPS, continued

Scarborough Faire Renaissance Festival, Waxahachie, TX

Join us as we travel, via charter bus, to Waxahachie, to visit the Scarborough Renaissance Festival, a recreated 16th Century English village in the time of King Henry VIII. Thrill to the thunder of hooves and the crash of lance on shield at the joust. Watch as birds of prey swoop and dive to the command of the Royal Falconer, just inches above your head. With 20 stages of live entertainment, 200 Shoppe's featuring handcrafted one-of-a-kind merchandise, games of skill, human-powered rides and dozens of types of food and beverage available for purchase, you'll feel like King Henry himself! Fee covers charter bus and faire admission only. Wear your walking shoes and bring a few shillings for food, drink and shopping! Registration deadline is Wednesday, April 19.

Date: Saturday, May 6
Time: 9:00am – 8:00pm
Fee: \$40 (Bring money for lunch & shopping)

Frisco RoughRiders Baseball – Senior Citizens Day

Join us as the Frisco RoughRiders host the Wichita Wranglers in their only morning game of the season, on Wednesday, May 10. With the game starting at 11:00 a.m., it should be over before 2 p.m. and rush-hour traffic. We will transport those unable to drive themselves, or you can meet us at the ballpark. We will sit as a group in great home plate seating (between the dugouts) with the ticket price including a hotdog, soda and chips. Come join the other area seniors for a morning of professional baseball at its best. Registration deadline is Monday, April 24.

Date: Wednesday, May 10
Time: 10:00am – 3:00pm
Fee: \$17 for van riders, \$15 for drive-yourself

Granbury Luncheon Cruise and Opera House

We will travel, via charter bus, to Granbury, for our annual luncheon cruise and opera show. We will arrive and board the new 96-foot "Star of Granbury" riverboat for a luncheon cruise down the Brazos River. After our return to shore, we'll ride to the historic Granbury Square for an afternoon performance of "The Magical Music From the Silver Screen," at the famed Granbury Opera House. We'll have dinner on the Square before returning to Frisco. Fee covers charter bus rental, boat cruise with lunch and opera ticket. Wear your walking shoes and bring money for shopping and supper. Registration deadline is Friday, April 28.

Date: Saturday, May 20
Time: 8:30am – 8:00pm
Fee: \$72.00 (Bring additional money for dinner.)

Meyerson Chart Topper Concert: The Kingston Trio

Though the musicians have changed since the band's start in 1957, The Kingston Trio continues to exhilarate audiences with its distinctive folk ballads. Join the Grammy-winning band for an evening of their greatest hits, including *Tom Dooley*, *Greenback Dollar* and *Worried Man*. Registration deadline is Wednesday, May 10.

Date: Friday, May 26
Time: 6:30 – 11:00pm
Fee: \$34

Ft. Worth: Thistle Hill Mansion & Fire Station #1

We will travel by van to Ft. Worth, to learn some history about early Ft. Worth. First, we will tour Thistle Hill, a grand mansion built in 1903, offering a glimpse into the great era of cattle barons. Opulently restored, the Cattle Baron's Mansion is one of the finest remaining examples of the Georgian Revival architectural style in the Southwest and is listed on the National Register of Historic Places. We will then venture downtown, to Sundance Square, for a barbecue lunch at Risky's. After lunch, we will do a walking tour of Sundance Square, ending up at historic Fire Station #1, which houses a photo display telling the story of the first 150 years of Ft. Worth. The exhibit includes photos highlighting the exploits of Butch Cassidy and the Sundance Kid. Registration deadline is Friday, May 26.

Date: Tuesday, June 13
Time: 9:30am – 3:30pm
Fee: \$10

McKinney: Collin County Museum & Historic Town Square

We will travel by van to nearby McKinney, to tour the Collin County Museum, located in the old Post Office Building, just off the square. Following the tour, we will eat lunch at The Pantry, followed by some shopping at the shops on the Square. Registration deadline is Tuesday, May 30.

Date: Friday, June 16
Time: 9:30am – 3:00pm
Fee: Fee \$6

Texas Rangers Baseball at Amerquest Field

We will travel by charter bus to Amerquest Field in Arlington, for an afternoon inter-league game (start time is 1:05pm) between the Texas Rangers and the San Diego Padres. This will be an "Intergenerational Trip," so seniors may invite and bring along their children, or grandchildren, as we visit the ballpark to help the Rangers celebrate "Parks & Recreation and Day Camp Day." Seating will be in the Upper Box level. The game should be over by 4pm and you'll be home in time for dinner. We'll take the first 45 seniors and their family members, who sign up. Fee includes charter bus transportation and game ticket. Registration deadline is Friday, June 9.

Date: Thursday, June 22
Time: 11:00am – 5:30pm
Fee: \$23 (bring extra money for food.)

Activity dates and times are subject to change or cancellation. For more information on programs, trips, classes and special events, please check the monthly Senior Happenings at the Square or call the Senior Center for updates and more information at 972-335-5515.



SPECIAL EVENTS AT THE MUNICIPAL OUTDOOR POOL

Splash Day ● May 27

Bring your family and help kick off the 2006 Summer Season! We will have music, games with prizes, and more! Regular pool admission applies.

Swimming Safety Safari June 10 ● 2:00 – 5:00pm

This is a safety day to teach simple and basic safety rules to young children. Frisco Parks & Recreation lifeguards, water safety instructors, and staff will teach water safety issues and the kids will have a chance to swim at the closing of the event!

Registration is required by June 3.

Fee: \$2.50 per person

Father's Day ● June 18

Father's get in free when accompanied by their child.

Friday Night Flick ● July 15

Bring your rafts, floats and chairs to the pool and enjoy a movie on the big screen. Open Swim starts at 7:30pm with the show beginning at 8:15pm. Popcorn, Soft Drinks and Water will be available for purchase.

Registration is required by July 8.

Fee: \$5 per person

\$18 for a family of four

Caribbean Night

July 29 ● 6:00 – 8:00pm

Kick back and relax on the tropical island of paradise. Everyone is encouraged to dress in style. Enjoy games, prizes and music while enjoying a snow cone. **Registration is required by July 22.**

Fee: \$2.50 per person



Frisco Association for the Arts presents

**AMERICAN BANK OF TEXAS
FRISCO GROOVES**

Every Friday evening in June at Warren Sports Complex at 7:30.

Bring the kids in the wagon, bring the lawn chairs, bring the picnic & the blanket, bring the grandparents and the grand kids and the neighbors! Kick off your shoes and step awhile, enjoy live music in a simple, rustic atmosphere and be glad you chose Frisco. It isn't until June, but indicate you need to schedule your summer shenanigans around the line-up, here ya go!

FREE CONCERTS

- June 2 SARA HICKMAN
- June 9 BRUCE ROBISON
- June 16 BRAVE COMBO
- June 23 TERRI HENDRIX with Lloyd Maines
- June 30 MATT the Electrician

BAYLOR Medical Center at Frisco

FAMILY HEALTH MARKET
A Market Associated With The Medical Center

AMERICAN BANK OF TEXAS

FRISCO
Frisco Association for the Arts

NEW RAPIDS HOTEL

Frisco Storytelling Festival

CALL FOR STUDENT AUDITIONS

If you're between age 8 & 18 you're invited to audition to be a Student Teller at the Frisco Storytelling Festival. You'll have the opportunity to share the stage with some of the nation's best-loved storytellers at the Festival, October 20 & 21, 2006, at Frisco Commons park.

The Frisco Public Library will accept videotaped auditions from March 13 – May 2, 2006. Audition forms and instructions are available at the Library. For more information about this telling opportunity, contact the Frisco Public Library at 972-335-5510, e-mail Mayra Diaz-Archin at mdiaz-archin@friscotexas.gov, or visit the Library Web site at www.friscolibrary.com



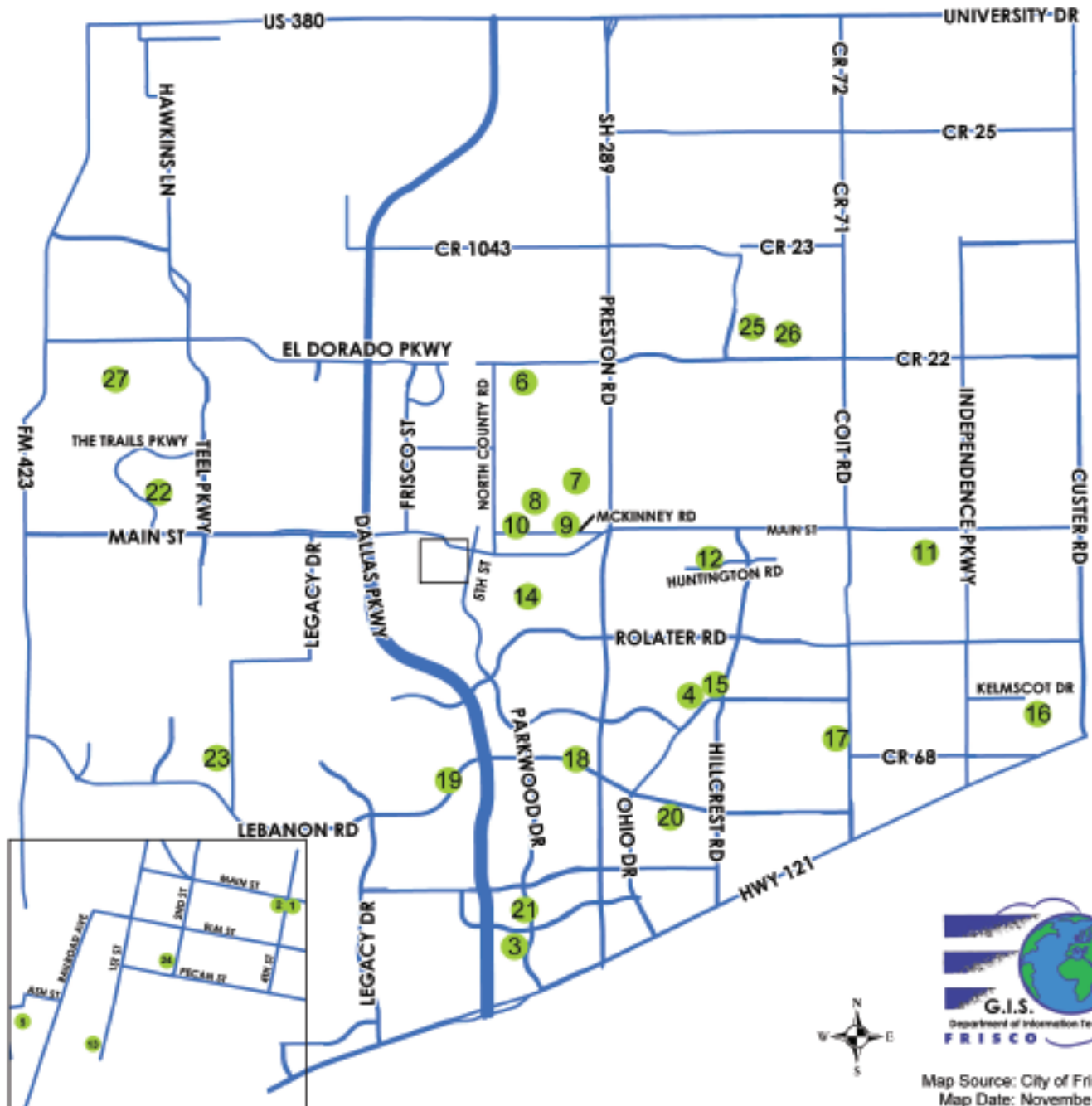
frisco public library
Inspiring Intellect, Curiosity and Imagination



D.D. Shaw, Bright Elementary School, on stage at the 2004 Frisco Storytelling Festival.

PARKS & FACILITIES

CITY OF FRISCO PARK LOCATIONS



Map Source: City of Frisco, GIS
Map Date: November 2004

- | | | | |
|-----------------------------------|-------------------------|------------------------------------|-------------------------|
| 1. Downtown Gazebo | 8. Frisco Commons | 15. Shawnee Trail Sports Complex | 21. Central Park |
| 2. City Hall | 9. Bi-Centennial Park | 16. West Rowlett Hike & Bike Trail | 22. Old Orchard Park |
| 3. The Ballpark Plaza | 10. Youth Center Park | 17. Duncan Park | 23. B. F. Phillips Park |
| 4. Alumni Hall Fitness Center | 11. Harold Bacchus Park | 18. Preston North Park | 24. Gallegos Park |
| 5. Senior Center at Frisco Square | 12. Preston Ridge Park | 19. Starwood Park | 25. Mourning Dove Park |
| 6. Warren Sports Complex | 13. First Street Park | 20. Cannaday Recreation Area | 26. Bobwhite Park |
| 7. Preston Manor Park | 14. Oakbrook Park | | 27. Fairways Green Park |



REGISTRATION INFORMATION

Registration will remain open until all class/program spots have been filled or until the registration deadline dates have passed.

Walk-In Registration Starts

April 29, 8:00am – 3:00pm

Registration Ends (unless otherwise noted)

One (1) week prior to the class start date

Class registrations are handled on a 'first-come, first-serve' basis. Classes have limited enrollment and also have registration cut-off dates that are specific to each class. Fees must be paid in full at the time of registration. Cash, check or money orders are accepted.

Checks and money orders must be made payable to the City of Frisco with your driver's license number listed on the check.

Please do not send cash in the mail.

Two Easy Ways To Register:

Mail-In Registration:

Accepted for all programs

It's fast, it's less hassle and it's easier! All you need to do is complete the registration form and mail it to the address listed below with the appropriate class fees, and waiver form. Mail-In registrations will be processed as they are received. Mail-In Registrations received prior to the stated Walk-In registration date will be processed before the Walk-In registrations. Please allow plenty of time for mail delivery – we are not responsible for mail delays. **After your registration is processed you will receive a confirmation phone call. If you have not received a phone call within 48 hours of the class start date, please call 972-377-1752 to confirm your registration status.** If your first choice is full, you will be enrolled in the second option you listed based on availability. If no options are listed, or available, your registration will be mailed back to you. **Please send a separate check for each class/program registration.**

Mail To:

City of Frisco
Recreation Class Registration
6726 Walnut • Frisco, TX 75034

Walk-In Registration:

All Walk-In registrations will be conducted at Alumni Hall Fitness Center during hours of operation beginning April 29 unless otherwise noted.

Come In To:

Alumni Hall Fitness Center
9700 Wade Blvd. • Frisco, TX 75035

Registration Forms:

To make your registration process simple, please complete the appropriate registration form and fill out all requested fields. This will help ensure you are registered for the correct class. Please list alternate choices in the event your first choice has reached its maximum. A registration form can be found in this brochure and also on our website at www.FriscoFun.org. Click on Administration and then Registration.

Senior Classes & Programs:

Walk-In Registration for Senior Adult classes is conducted at the Senior Center at Frisco Square – not at Alumni Hall. Mail-In Registration is now available for Senior Adult Programs. Please mail registration form and payment to the Senior Center at 6670 Moore Street, Frisco, TX 75034.

Waiting Lists:

Due to instructor/participant ratios, each class and program will have a maximum number of spots available. Once the class maximum has been reached, subsequent registrants will be notified that the class is full and you will be placed on a waiting list. If you submit your registration form and fee after the class becomes full, your fee will be returned in full. Should spots become available, program openings will be filled on a first-come, first-serve basis from registrants that appear on the waiting list.

Refund Policy:

To apply for a refund, participants must complete a "Refund Request Form". The guidelines for a refund are as follows:

1. Refund Request Forms must be submitted no later than five business days prior to the class start date.
2. Refunds and transfers will not be issued if your withdrawal from the program results in the total enrollment dropping below the minimum number of students required for the class to make.
3. Refunds will be pro-rated.
4. All refunds given will be assessed a 20 percent processing charge.
5. Approved refunds will be processed and mailed within four weeks.
6. No cash refunds will be given.

Cancellations:

The Parks & Recreation Department reserves the right to cancel any class, program or activity due to weather, failure to meet minimum registration requirements, and situations beyond our control. In the event a class is cancelled, you will be notified and a refund will be issued.

Returned Check Policy:

A \$25.00 service charge will be assessed for any returned check.

The Frisco Parks and Recreation Department is committed to participants being 100% satisfied. If you are not satisfied with a program, refund request forms are available at the Alumni Hall Fitness Center reception desk or at the Senior Center at Frisco Square reception desk.

CUT ALONG DOTTED LINE

CUT ALONG DOTTED LINE



TICKET TO FUN



REGISTRATION FORM

MAIL TO: CITY OF FRISCO
RECREATION CLASS REGISTRATION
6726 WALNUT • FRISCO, TX 75034

Last Name:		First Name:	Sex:
			M F
Street Address:		Zip:	
Date of Birth:	Age:	Email:	
Home Number:		Work/Cell Number:	
Emergency Contact Name & Number:			

Parent/Guardian Contact Information – Required if participant is under the age of 18

Name:	Phone Number:

If you are registering for an Adult Athletic League, please complete the information below:

Team Name:	Manager's Name:

Program Registration Information (please print)

			FOR OFFICE USE ONLY			CALL BACK	
PROGRAM CODE	PROGRAM NAME	FEE	Payment	Date	Emp. Int.	Date	Emp. Int.
1.							
2.							
3.							
4.							
5.							

For Learn to Swim customers, please use this space to select alternate choices in the event your first option is not available.

Option 2: _____ Option 3: _____

Notice: All Registrants/Parents/Guardians Must Sign Waiver
RELEASE AND MEDICAL AUTHORIZATION

I, on behalf of myself or the individual being registered (the "registrant"), agree to allow the registrant to participate in the aforementioned activity(ies) and authorize the City employees, volunteers, program directors and/or instructors as Agents for the undersigned to consent to Medical, Surgical, and/or Dental examination and/or any and all other Treatments deemed necessary by medical personnel. I agree pictures taken during program hours may be used for any purpose.

In consideration of the City of Frisco ("the City") allowing the registrant to participate in the above activity(ies) and other good and valuable consideration, the receipt of which is acknowledged, I, on behalf of myself, the registrant (whether myself of someone else), any other minor child or legally incapacitated person for whom I can execute this document, my heirs, assigns and any other person or entity claiming to have legal rights by and through me, release and agree to defend, indemnify, and hold harmless, the City and its employees, from all claims of and/or liability for personal injury, property damage or wrongful death, including, but not limited to, claims or liability due to the negligence, contributory negligence and/or strict products liability of the City and/or its employees resulting from, relating to, or arising out of participation in and/or transportation to or from activity(ies) sponsored or provided by the City, or use of any City facilities.

This is not a waiver of the City's immunity. I warrant that I am authorized to sign this release. I agree to indemnify and defend the City of Frisco if I am not authorized to sign and legally bind the registrant or if the person named herein attempts to rescind this release. If any term of the release is deemed void or voidable, it shall not affect the enforceability of anything else in the release.



All aboard for fun & fitness!

City of Frisco
Parks & Recreation Department
6726 Walnut Street
Frisco, Texas 75034

Bulk Mailing
U.S. Postage
Frisco, TX
75034
PERMIT #1

CURRENT RESIDENT

FRISCO, TX

